

# California Department of Consumer Affairs

## **MEDIA ADVISORY**

*For Planning Purposes Only*

**Date:** December 11, 2015

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### **THE CALIFORNIA STATE ATHLETIC COMMISSION TO HOST A CUTTING WEIGHT AND DEHYDRATION SUMMIT**

**Who:** Representatives from the Department of Consumer Affairs' California State Athletic Commission (CSAC), Association of Ringside Physicians, Ultimate Fighting Championship, Bellator MMA, Invicta Fighting Championships, World Series of Fighting, Resurrection Fighting Alliance and various members of the combative sports industry

**What:** CSAC to host the 2015 Cutting Weight and Dehydration Summit

**When:** Thursday, December 17, 2015  
1:00pm – Conclusion of Business

**Where:** Junipero Serra State Building – Carmel Room  
320 West Fourth Street  
Los Angeles, CA 90013

#### **Background:**

As a community of regulators of combat sports, it has become increasingly apparent there are many dangerous and unhealthy practices associated with dehydration and drastic weight cutting which can lead to catastrophic results. As such, it is important to continue the pursuit for solutions to reduce and ultimately eliminate the hazardous dehydration/rehydration cycle. Although some progress has been made, it is the hope of the Commission that with collective input during this Summit, more will be accomplished.

For more information, visit the Commission's website at [www.dca.ca.gov/csac](http://www.dca.ca.gov/csac)

**NOTE TO EDITORS:** Representatives from the Commission will be available for interviews at the Summit.

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*The California State Athletic Commission (CSAC) regulates professional and amateur boxing, kickboxing and mixed martial arts throughout the State by licensing all participants and supervising the events. Learn more at <http://www.dca.ca.gov/csac/index.shtml>*